***My Daily 1% Improvement Toward My Success Goal***

**Physical Fitness (Workout)**

* Spend 1 hours each day on physical activity (exercise, yoga, jogging, etc.)

**Reading**

* Read 10 pages daily from a book focused on personal development and success.

**Communication Skills**

* **Daily to improving communication skills (practice public speaking, write journal entries, or engage in constructive conversations) Both Thai and English.**

**Financial Discipline (Save Money)**

* + **Set aside a fixed amount each day or week, aiming to save at least 10% to 20% of your income.**

**Freelancing Skills**

* + **Invest 1 hour daily in learning new skills or techniques related to freelancing (Tuition or Search Night Shift Job).**

**Management and Leadership Skills**

* **Daily learning about management, leadership, or entrepreneurship (podcasts, articles, or online resources).**

**Networking and Connection**

* **Daily to building professional relationships (reach out to a colleague, attend a webinar).**

**Goal Setting and Reflection**

* **Daily reviewing your goals, reflecting on progress, and planning next steps.**

**Remember, consistency is key! By focusing on these areas, you'll be making progress towards achieving success and personal growth.**